

<u>Cilantro Coriander - Heirloom Herb</u>

Annual

Days to harvest: 30 (for greens)

Quick producing and slow to bolt. Cilantro is an essential fresh ingredient in many dishes. Its fresh, bright flavour is most welcome as one of the first harvests in the spring.

Dried seeds can also be used as a cooking ingredient.

Sowing and Growing: Sow seeds directly in a sunny location after all danger of frost. Cover seeds lightly with soil, roughly 6mm. Sow throughout the summer for a steady supply of greens

for fresh eating. Cilantro prefers cooler weather.



Forest Green Parsley - Heirloom Herb

Days to harvest: 75

This flavourful and attractive variety does double duty as an ingredient and a garnish. Parsley grows happily amongst vegetables and other herbs in garden beds or in deep containers.

Sowing and Growing: Sow seeds outdoors in early spring or start early indoors at a depth of 6mm.

Transplant into the garden after hardening off. Keep the soil moist. Parsley can can 2-3 weeks to germinate



Genovese Basil - Heirloom Herb

Days to harvest: 50

This lovely basil variety is container-friendly and slow to bolt. Genovese makes a nice pesto and is sure to brighten the flavour of any marinara-topped pasta dish. Long, dark green, aromatic leaves add beauty to the vegetable garden and patio planter. The heavy scent even repels mosquitoes. Dries well for the pantry.

Sowing and Growing: Sow directly in a sunny location at a depth of 4 mm in late May to early June. You can also start seeds indoors 4-6 weeks early at a soil temperature of 21°C during germination period. Transplant into the garden after hardening off.



Mammoth Dill - Heirloom Herb

Days to harvest: 75

Growing up to 75 cm in height, this dill has delicate, lacey leaves and bright yellow flowers that attract beneficial insects. The 75 days to harvest refers to the flowers commonly used for pickles. Leaves can be harvested for the kitchen at any time and can be dried for your pantry.

Sowing and Growing: Sow seeds directly in a sunny location at a depth of 6 mm. Sow every 2-3 weeks from mid April through July for a continual supply of fresh dill all season and multiple flower head harvests.



Oregano - Heirloom Herb

Days to harvest: 65

Oregano pairs well with most tomato dishes and it likes to grow with tomato plants in the garden. Pick fresh for home cooking or dry for your pantry.

Sowing and Growing: Sow seeds directly at a depth of 6mm mid to late May or in late August. You can start seeds indoors 6-8 weeks early at a soil temperature of 21°C. Transplant into the garden after hardening off. Container garden friendly.



Rosemary - Heirloom Herb

Rosemary grows into a bushy plant between 60-90cm in height. Aromatic and attractive. Use fresh in poultry, lamb, pork, and vegetable dishes. Excellent with roasted root vegetables. Dries well for pantry storage.

Sowing and Growing: Start seeds indoors 10-12 weeks before last frost. Use a heat mat for the up to 30 days germination period, at a temperature between 27-30°C. Keep soil on the drier side. Bring the plant indoors over winter and place it in a cool, bright location.



Sage - Heirloom Herb

Perennial

Days to harvest: 65

The greyish-green coloured leaves on this bushy plant are aromatic and full of flavour fresh or dried. A classic spice for poultry dishes. Grows well amongst vegetables in the garden and in containers. This sage produces delicate purple-blue flowers.

Sowing and Growing: Sow seeds directly in a sunny location at a depth of 6mm in mid May or August. You can start seeds indoors 6-8 weeks before last frost at a soil temperature of 21°C. Transplant into the

garden after hardening off. Prune mature plants well to stimulate new growth.



Thyme - Heirloom Herb

Perennial

Days to harvest: 65

Thyme is an essential ingredient in many roasted meat and vegetable dishes. Dries well for pantry use. This low growing herb reaches 15-30 cm in height producing petite white flowers that are very popular with bees.

Sowing and Growing: Sow directly on the surface of the soil in a sunny location in late May or August. You

can start seeds indoors 8-10 weeks early at a temperature of 21°C. Transplant into the garden after hardening off. Prune mature plants well for new growth.